



# Blake Anderson

MSW, BSW, BA

217 Humberside Ave.  
Toronto ON M6P 1K9

(647)-289-1087

blake.anderson.j@gmail.com

ca.linkedin.com/in/  
blakeandersonj

## Profile

A Registered Social Worker with over 12+ years of Social Work practice, including four years as a Therapist/ Coach and 8+ years as a Child Protection Worker; the attainment of a Master of Social Work (MSW) degree, BSW and Philosophy BA Degree.

## Experience

### Registered Social Worker Counsellor/ Therapist and Life-Coach

Counselling 2 Wellness (April 2022 - Present); Aworie Health and Wellness Services (Sep 2021 - Present); Private Practice (Jan 2020 - Present); New Age Specialized Assessments Ltd. (Nov 2020 - Present); Total Health Solutions (Nov 2019 - Present); E-Clinic (Feb 2021 - March 2023); Injury Management & Medical Assessments (Feb 2020 - Feb 2021); Counselling and Healing Centre (Jun 2019 - Nov 2019)

- ▶ Provide ongoing counselling/ therapy for a host of clients with a variety of psychosocial needs/ challenges, including couple's (marriage) counselling using the 'Gottman Method', motor vehicle accidents (MVAs) clients and other 1-1 individuals, dealing with primarily anxiety, depression and dysfunctional family systems.
- ▶ Implementing evidence-based approaches, such as CBT, Mindfulness Therapy, Trauma-informed strategies, Internal Family Systems theory and other psychosocial modalities, under the guidance of regular supervision (both group and 1:1).
- ▶ Facilitate a group of 5-8 MVA clients, focused primarily on psychoeducation for 3+ years.
- ▶ Conduct Psychological and Social Worker assessments for MVA clients (severe and minor injuries) that are submitted to the insurance company.
- ▶ Work in collaboration with other service providers, including Psychologists, Occupational Therapists and health practitioners.
- ▶ Provide regular clinical updates and advocacy to the service team and agency to ensure the quality of care for the client.

### Child Protection Worker - Family Service and Intake

Halton Children's Aid Society (Aug 2018 - present); Children Aid Society of Toronto (Oct 2017 - Aug 2018); Native Child and Family Services of Toronto (Nov 2015 - Oct 2017); Brant Family and Children Services (May 2012 - Nov 2015)

- ▶ Assess risk and investigate new referrals from a culturally competent and informed manner to best serve a diverse population in Toronto, Halton and Brant.
- ▶ Develop safety plans and intervene in crisis situations.
- ▶ Work in collaboration with community and professional collaterals to meet the needs of the child and family.

- ▶ Leading, facilitating, and participating in consultations, family-centred conferences, and case conferences with clients and service providers using the 'Signs of Safety' model
- ▶ Prepare legal documents and attend court proceedings.

### **Youth and Family Support Worker**

Enviros - September 2007- August 2011

- ▶ Served as a Youth and Family Support Worker at a 24/7 residential treatment centre for at-risk youth aged 6-17 years old experiencing family breakdown, behavioural and psychological concerns.
- ▶ Facilitated and took a leadership role conducting experiential therapy with the family during in-home sessions and with the youth at the group home.
- ▶ Provided ongoing support using behavioural management techniques and parenting strategies.

### **Education**

#### **Master of Social Work (2017)**

McMaster University

#### **Bachelor of Social Work (2011)**

University of Calgary

#### **Bachelor of Arts in Philosophy with Distinction (2007)**

University of Saskatchewan

#### **Entrepreneurship Extension Certificate of Completion (2009)**

Mount Royal University

### **Practicum Experience**

#### **Intake Worker**

Calgary Family Services Downtown Office - January 2011 - April 2011

- ▶ Conducted intakes for clients seeking therapy.
- ▶ Implemented assessment tools and interview techniques, to determine appropriate services for clients.
- ▶ Participated in reflective clinical teams to address dysfunctional family and relationship dynamics.

#### **Child Protection Worker - Assessment/Intake**

Child and Family Services (McKnight Office) - Sep 2010 - Dec 2010

- ▶ Conducted investigations by interviewing clients in the community, school, and home to assess safety concerns.
- ▶ Managed cases by meeting with family, documented outcomes, and collaborated with in-home support workers.

### **Volunteer Experience**

In-school Mentor September 2005 – Jun 2007

Big Brothers Big Sisters of Saskatoon

- ▶ Mentored a grade seven student in an inner-city school.

In-home Mentor September 2006 – Aug

2008 Open Door Society of Saskatoon

- ▶ Advocated on behalf of a newly immigrated Canadian from Burma.

### **Professional Development**

- |           |  |
|-----------|--|
| 2008      | How to Improve Your Effectiveness by 65% Without Hardly trying and What Works in Therapy, Scott D. Miller PhD  |
| 2008      | Standard First Aid – Level C CPR, St. John Ambulance   |
| 2009      | Suicide Prevention and Intervention, Canadian Mental Health Association  |
| 2009      | 'Spiritually, Suffering and Illness: What Clinical Practices Invite Individuals and Family Healing?' (Lorraine M. Wright, PhD.), University of Calgary |
| 2010      | 'Collaborative Helping: A Practice Framework for Working with Multi-Stressed Families' (William Madsen, PhD), University of Calgary                    |
| 2010      | 'Working with Children with Sexual Behaviour Problems'. Alberta Children's Hospital  |
| 2010      | A Day of Learning with Dr. Bruce D. Perry, M.D., PH.D.. Special Education Council of the Alberta Teachers Association                                  |
| 2010      | From Chaos to Calm: Managing Conflict in Difficult Conversations. Child and Area Family Services Authority   |
| Nov-11-11 | Making Room: A Conference on Hoarding. Dr. Cristiana Bratotiis, PhD, LCSW. Calgary Family Services Training Institute                                  |
| Oct-13-11 | The Impact of Violence, Abuse, and Neglect on Children. Calgary Family Services Training Institute   |

13-Jun-12	Health and Safety OrientationHealth and Safety Orientation
13-Sep-12	Collaborations in Child Welfare: Past, Present and Future
01-Oct-12	Protecting Children and Strengthening Families, Part 1
09-Oct-12	Protecting Children and Strengthening Families, Part 2
30-Oct-12	Understanding and Responding to Children's Needs
13-Nov-12	Engaging Families
28-Nov-12	Permanency and Continuity of Care
06-Dec-12	Legal and Court Processes
11-Dec-12	Methadone Clinics How to Fill Out Releases
17-Jan-13	Wellness and Self Care
10-Apr-13	SOS Coaching
06-May-13	Forensic Injury Assessment
18-Jun-13	Attachment Atypical Caregiver Behaviour Associated with Disorganize Attachment
25-Jun-13	Protection Investigations Within Custody and Access Disputes
24-Sep-13	Forensic Interviewing
26-Sep-13	Non-Violent Communication training (NVCP)
14-Oct-13	Changing Landscape in Child and Adolescent Inpatient Mental Health
24-Apr-14	Advanced Skills of Helping: Engaging and Working with Hard-to-Reach Clients
15-May-14	Social Media Bullying: What Can We Do?
15-May-14	NVCPI Refresher (Key Point Refresher)
23-Sep-14	Creative Safety Planning with Women and Men
07-Oct-14	Working with the Abusive Partner
03-Feb-15	No More Silos: Collaboration for Elevated Risk, Heavy Users and Community Well-Being

20-May-15	Mental Health First Aid for Adults who interact with Youth (Day 1)
2015-05-27	Mental Health First Aid for Adults who interact with Youth (Day 1)
02-Jun-15	Integrated Accessibility Standards - Information/Communication and Employment Standards Training
14-Nov-15	Family Violence – Raising Awareness
16-Nov-15	Kinship Symposium 2015
14-Nov-15	Accessibility for Ontarians with Disabilities Act (AODA)
14-Jan-16	Customary Care in-house Legal training
06-Sep-16	Cultural trainings Native Child and Family Services
13-Sep-16	Infant Mental Health & Ages and Stages Questionnaire Tool (IMH & ASQ) Dr. Chaya. Kulkarni - IMHP / Sick Kids (3 days)
14-Nov-17	Advanced Signs of Safety (5-day) training. Children's Aid Society of Toronto
14-Jan-19	Trauma Training (Part 1 & 2) Halton Children's Aid Society
April-10-19	Fetal Alcohol Syndrome Disorder (FASD) training. Halton Children's Aid Society